# Stand Up for Girls 2016 - Classroom Packet



On the International Day of the Girl on October 11, 2016, communities around the world host events to celebrate girls and raise awareness about the unique strengths and challenges of girls globally. We can all take action to honor the stories of girls and inspire individuals, schools and communities worldwide to join LitWorld and Global G.L.O.W's HerStory Campaign and the Stand Up for Girls movement. This activity packet has ideas for planning and leading your Stand Up for Girls celebration. Share your celebration and the stories of girls and women in your community with LitWorld and Global G.L.O.W. to be included in social media and website posts about Stand Up for Girls around the world.

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#### WHY WE STAND UP FOR GIRLS

507 million women and girls worldwide cannot read and write.

Stand Up for Girls mobilizes people of all genders, from all corners of the world, to advocate for a girl's right to share her story and change the world. By learning to read, write, and share stories, girls understand that *their* words have the power to create monumental change at the community and international level.

The HerStory Campaign was created and led by two nonprofit organizations, LitWorld and Global G.L.O.W., and works to amplify the powerful stories of women and girls in their communities and around the world. On October 11<sup>th</sup>, the annual United Nations International Day of the Girl, we invite you to Stand Up and join our global community as we take action, highlighting the stories of girls from the world's most marginalized communities. By listening to girls' own stories and acting on them, we can build a better world together.

At our 2016 Stand Up for Girls event, we will celebrate our strengths by standing up for women and girls around the world who inspire us to be strong.







## WARM-UP REFLECTION: Why Do We Stand Up for Girls?

As we celebrate the International Day of the Girl, we reflect on the daily lives of girls and consider the challenges women and girls face around the world. As global citizens we can work together to create a world that is fairer, happier, and safer for all people, men and women, boys and girls. Read Why We Stand Up for Girls and the Global Facts sheet with your classroom. Use these discussion questions to start a conversation with your stu Sta

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	its about the lives of girls in communities around the world and encourage them to Up for gender equity and access to education for all!
scu	ussion Questions:
۱.	Why is it important to Stand Up for Girls?
2.	Why is it important to celebrate the stories of women and girls?
3.	What is one way your family, school or community can support girls and women ir the future?
4.	If you could tell the world one story of a girl or woman, whose story would it be and why?







#### STAND UP FOR GIRLS ACTIVITIES OVERVIEW

### A Day in the Life - Dawn, Noon, Dusk

In the "A Day in the Life" activity, students will reflect on their daily life and the things they do, see, hear, and think about at the beginning, middle, and end of the day.

Sometimes it can be hard for students to tell their story or even know where to start. "A Day in the Life" will be a guide to uncovering the stories within their daily lives and sharing them with the world, illuminating the things - big and small - that they do, see, and feel throughout the day.

In this activity students will create a collection of writing and images to represent the story of their daily lives and what most inspires them. They will look back on their stories and think about the ways their daily lives are shaped by the inspirational women and girls around them. Then they will be invited to choose a word that represents how they are inspired by or inspire others, each day.

Students can share their special, illuminated words with friends, at school, in the community, and with the world, by connecting to the HerStory community celebrating on social media.

### Stand Up at Noon

When planning how your classroom will participate in Stand Up for Girls, if possible please include time for your class to show their support for girls all around the world.

A few minutes before noon on the day of your celebration, invite your class to stand together in a circle for a moment of support. As noon approaches, have students begin to cheer. Start the cheer quietly, then build volume, as you get closer to 12:00 noon.

After you are done cheering, you can thank everyone for sharing in this moment with women and girls around the world. This is also a nice way to end your celebration of the day.







### A Day in the Life Activity - Dawn, Noon, and Dusk

In this activity, students will think about the people, places, and objects that matter most to them at the beginning, middle and end of their days. With these images and writing, they will create the story of a day in their life and reflect on the women and girls who influence and inspire them. They will share their words of inspiration in the classroom and, if possible, with the global HerStory community on social media.

#### Recommended Materials:

- 1. "A Day in the Life" printed worksheets or questions written on the chalk/whiteboard
- 2. Pencils, markers, colored pencils, and/or crayons
- 4. Glue sticks
- 5. Scissors
- 6. Collage materials newspapers, magazines, recycled papers, photos, construction paper (anything that you want to use!)

#### Directions:

- I. Introduce A Day in the Life activity and share that students will think about and reflect on their own daily lives then think about the women and girls who inspire them each day. Students will think about three times in their day: dawn, noon and dusk.
- 2. Have students answer the questions in the Day in the Life Worksheet. They can answer in any way they like, in writing, with bulleted notes, or with drawings. Encourage students to add as much detail as possible about what they are doing, seeing, and hearing at dawn, noon, and dusk. Students will also reflect on the women and girls who influence and inspire them throughout the day.
- 3. After students finish answering the questions on the worksheets, invite them to share what they have written or drawn, and why they chose to write or draw what they did. Students can share with the person sitting next to them or in small groups.
- 4. Then, have students use the dawn, noon, and dusk frames to create a drawing or collage of each time of their day. Students can include as much of the writing and drawing from their worksheets as they want. Encourage them to include the women and girls who in influence and inspire them in some way in their drawings or collage work, representing their unique days in whatever way they connect with most.
- 4. When students finish, invite them to think about their day overall and the women and girls who influence and inspire them in big and small ways. Using the prompt, "Inspired by







my..." ask students to share a word that completes the sentence and represents what inspires them most.

- 5. If you have time, ask students to write their inspirational word using sharpies or markers on a piece of paper or plastic. Encourage students to get creative in how they choose and represent their words!
- 6. Once everyone has chosen their word, ask them to share again with their partner or in a small group. Be sure to give students time to share and talk about their pieces of art with one another.
- 7. Then, lead the **whole group in a discussion** about the activity and how we are inspired by and can inspire others each day. Use these Discussion Questions to get the conversation started:
  - What was it like for you to think about your own daily life in this way?
  - Was there anything that surprised you about your writing or artwork?
  - What was it like for you to hear about your classmates' daily lives?
  - Why is sharing your own story in your own words so important?
  - How do you think the world would be different if we listened to the stories of every girl?
  - How can we make sure girls' stories are heard and respected?

If there is extra time...

Invite students to take a photo of their word to share on social media, using the prompt: "Inspired by my..."

As students take photos of their words, encourage them to think about where the light is and how it effects the strength of the word in the image. They can also consider what part of their environment is included in the photo, or if they want to be in the photo with their word too. The more creative and meaningful the photo is for the student the better!

Post photos on social media at noon tagging LitWorld and Global G.L.O.W. and using the hashtags: #StandUp4Girls #HerStoryCampaign and #InspiredByMy. Students can also view photos posted by other young people and communities around the world celebrating Stand Up for Girls.





## Examples:















#### STAND UP FOR GIRLS SOCIAL MEDIA GUIDE

The HerStory campaign uses social media to broadcast and share our actions with the rest of the world. The different social media platforms we will use on this day are: Facebook, Twitter, Instagram, and blogs on the LitWorld and Global G.L.O.W. websites. If you do not have access to these social media options, do not worry, you can send your contributions to LitWorld by email or WhatsApp and we will include them in Stand Up for Girls posts!

We encourage you to take photos as you go through the activities in this packet, and post images of your Stand Up for Girls celebration to social media.

Social Media Prompt: Inspired by my... #InspiredByMy

#### Goal:

In honor of Stand Up for Girls, LitWorld is asking people to share something about themselves or a woman in their lives that inspires them. Fill in the prompt on the following page with something about yourself or another woman or girl that inspires you and post photos of your response on social media. Your can choose to include yourself, your environment, or only your responses in the photo.

#### Directions:

- Fill in the "Inspired by my..." prompt.
- Take a photo of your response and post it on Facebook, Twitter and/or Instagram
- Tag LitWorld and Global Girls Leading Our World on Facebook
- Tag @litworldsays and @globalgirlsglow on Twitter and @litworld and @global\_glow on Instagram
- Use the hashtags #InspiredByMy, #StandUp4Girls, and #HerStoryCampaign in the caption

#### Remember:

- 1. Please tag LitWorld on all social media sites, in all of the pictures and videos you share.
- 2. On Twitter, start your tweet with #InspiredByMy and add #StandUp4Girls and #HerStoryCampaign to the end of your post.
- 3. On Instagram, use the hashtags #InspiredByMy, #StandUp4Girls, and #HerStoryCampaign for all of your posts.
- 4. For any other sites or blog posts, add a link to the LitWorld website and Facebook page.

#### Sample Responses:

- #InspiredByMy strength. #StandUp4Girls #HerStoryCampaign
- #InspiredByMy mother. #StandUp4Girls #HerStoryCampaign
- #InspiredByMy voice. #StandUp4Girls #HerStoryCampaign

#### Social Media Profiles

Facebook: <a href="http://facebook.com/LitWorld">http://facebook.com/LitWorld</a>
Twitter: <a href="http://twitter.com/litworldsays">http://twitter.com/litworld</a>
Instagram: <a href="http://instagram.com/litworld">http://instagram.com/litworld</a>

http://facebook.com/GlobalGirlsGLOW http://twitter.com/GlobalGirlsGLOW http://instagram.com/Global\_GLOW









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Appendix

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## Global Facts About Girls, Literacy, and Education

Use these facts to lead a discussion about the importance of global girls' literacy and education.

- In most developing countries, fewer than 50 % of girls complete primary school (UNESCO).
- One extra year of primary school education for girls, can increase future wages by 10 to 20 %, and an extra year of secondary school increases future wages by 15 to 25 %. (US Dept. of State).
- When you educate a girl she will earn up to 25 % more and reinvest 90 % of her income in her family (CAMFED).
- Children of educated mothers are twice as likely to survive past the age of five (UN Girls' Education Initiative).
- In underdeveloped countries, one in every three girls is married before reaching the age of 18. In a region where a girl receives seven or more years of education, the wedding date is delayed by four years (UNPD).
- A girl who completes primary school is three times less likely to contract HIV. (World Bank)
- A 63-country study by the International Food Policy Research Institute found that expanded female education resulted in better farming practices, which contributed to about 40 % of the decline in malnutrition from 1970 to 1995. (US Dept. of State)







# A Day in the Life Worksheet

	Dawn	Noon	Dusk
Who are you with?			
What are you doing?			
What are you seeing?			
What are you hearing?			
What are you thinking about?			
What is important to you at this time of day? Why?			
How do women and girls inspire you at this time of day? Why?			











LitWorld,

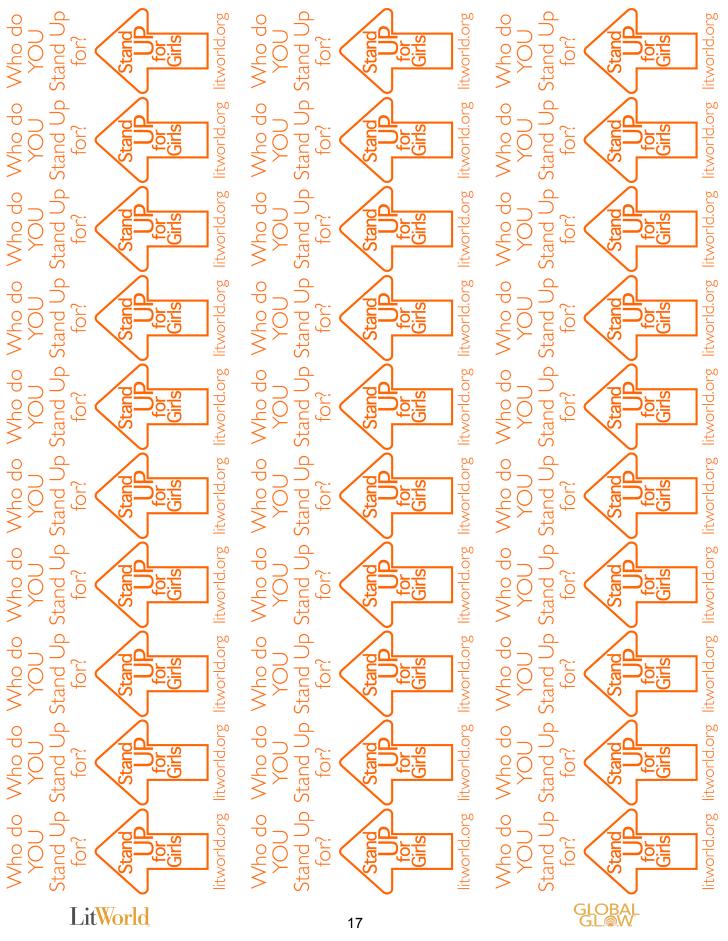


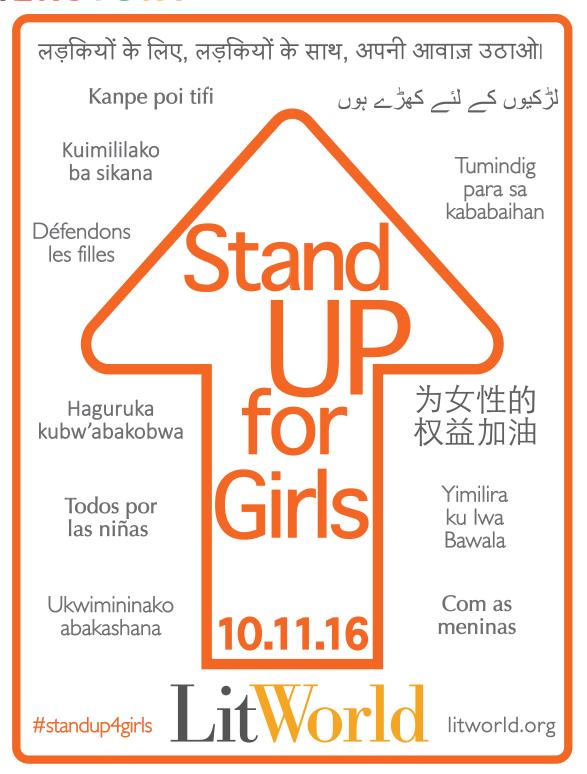




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Certificate Presented to:

You took action in LitWorld's Stand Up for Girls campaign for the International Day of the Girl 2016.

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